

https://cyclingtimetrials.org.uk/race-details/25893

https://www.strava.com/routes/3123963795217321016

Welcome to the 2023 Tour of the Trossachs and many thanks for entering.

We are pleased to announce a new course this year which we hope you will all find as sporting and interesting as the classic course always has been. For those of you who don't know the local roads we would suggest you try your best to familiarize yourselves with the first few miles passing through Gartmore, which is a quiet cycling friendly village that will need to be negotiated with care- there are plenty more places to gain time so don't take risks through here, the future of this route will depend on it. The rest of the course is open and challenging, with some fast straights, tough climbs and some technical descents, we're sure you'll love it.

EVENT HEADQUARTERS

Aberfoyle Memorial Hall

Trossachs Road, Aberfoyle, FK8 3SW (red circle). There is plenty of parking in Aberfoyle and we would prefer you mainly to use the large area behind the Scottish wool centre (green circle) as this is used less and there is always plenty of room there. Please don't park near the hall. There are toilets at the Hall but there are also public toilets beside the Visit Scotland building. We will have soup/ tea & coffee and cake courtesy of Maggies Bakers (BIG SHOUT OUT- well worth calling at her shop for more later) and Lucie Hrnicova if she has time this week- thanks Lucie in advance).

Please give some donations (hint hint!) Donations from the tea bar and all profit from the entry money will be going to Return to Life (Charity for Renal diseases) and Project GO (a charity for Duchenne Muscular Dystrophy research).



The Course ... PLEASE ALL FAMILIARISE YOURSELVES, IF POSSIBLE CHECK THE COURSE OUT PRIOR TO THE EVENT. ROAD SURFACES ARE MIXED.

The start is on an unclassified road towards Gartmore, just after the entrance to Dreamcatchers cabins 1.5 miles south of the Rob Roy roundabout (give yourselves 10-15minutes to cycle there from Aberfoyle). From the start turn left up the hill into Gartmore village, careful through here, there are some fast tight corners and parked cars with a fast decent to turn left at the T junction at the bottom of the village.

Turn left again onto the A81 (look right across the field on approach to this junction for traffic), proceed North to Rob Roy roundabout and follow the A81 right towards Port of Menteith. In the Port of Mentieth there is a traffic calming island with a bike path on the left- use it, it will be swept and a marshal will be there (it is straight and can easily be passed through at speed). Follow the A81 turning left towards Callander up over the Braes of Greenock climb.

In Callander go straight through the mini roundabout after McLaren High school and then take the left turn on the Invertrossachs unclassified road at the roundabout (14miles).

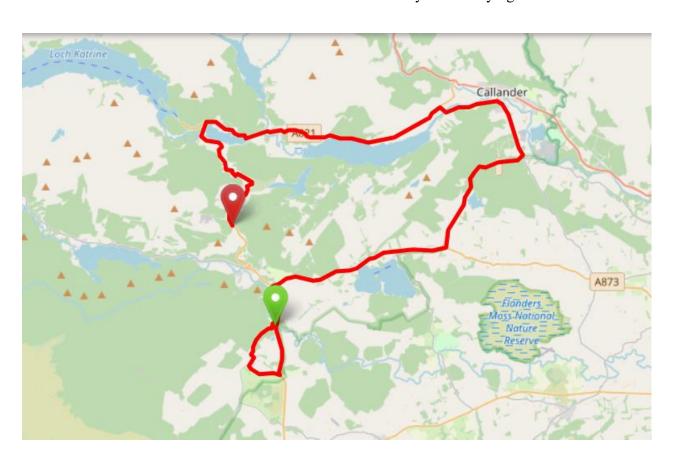
Follow the Invertrossachs road bearing right over a narrow bridge (Take care for oncoming traffic here).

Join the A821 turning left at the T junction. Follow the A821 through classic trossachs countryside, up over the Dukes pass.

The finish is at a lay-by on the left before the start of the steep descent into Aberfoyle (26.5miles).

After the finish- descend carefully (no more racing) to Aberfoyle for results, soup and cake!

REMEMBER – MARSHALS ARE THERE TO DIRECT RIDERS NOT STOP TRAFFIC FOR YOUR CONVENIENCE!!! The Future of the event relies on you all obeying this!!!!



Big Thanks time

Talking about Marshalls – the delivery of the Tour of the Trossachs is once again a massive team effort. We are a small team still so this event would not have been possible without the help of many others including lots of local clubs, friends and family.

I would also like to thank Janette Hazlett, Bill Macmillan and CTT Scotland for their help and guidance throughout. Thanks also to the Aberfoyle community for use of the memorial hall and their car park as well as being very cycling friendly in general – please support them by browsing round the shop and buying some early Christmas presents or having lunch at the café's and or Forth Inn, and please try to use the bike shop for any last minute repairs not to forget their amazing bacon rolls!

Here is the list of those who are helping – and I'm sure it will be added to on the day.

HELPERS LIST

Signing on table – Jason Roberts Commissaire / Observer – Stevie Blom

Kitchen/ Catreing- Lucie Hrnicova, Kirsty Stewart and Donna Clayton

Start Timekeeper – Jim Smith and Martin Knox Finish Timekeeper – Mhairi Laffoley, Martin Knox

Course signage – Jason, Rob Friel and Richard McDonald

First Aid – Donna and Jason

Marshals

Gartmore village tight corner— Gartmore left hand T junction (bottom of decent)- `Bobbi` Ambers Mum! Left hand turn onto A81-Rob Roy roundabout-Port of Menteith (traffic calmer)-Left to Callander (bottom of Braes of Greenock)-Mini r'bout in Callander (Maclaren high school)-Roundabout, Callander L to Invertrossahcs – Bridge / right hander, Invertrossachs road-(Finish)

Amber Thomson Graeme Bodel, Donna Clayton Janette and Stevie Hazlett Callum MacNeill Andrew Gallacher Mark Sparkles, Graham Smith Steven Clayton, Marion Wilson Beth Legg, Kerry Macphee Martin Knox, time keeper

The Riders List ... Published on the CTT website.

There will be bin bags at the start for the collection on jackets etc – these will be brought back to the HQ afterwards for collection – anything left will be added to my cycling kit if it fits and I like the colour.

Please remember to shout your number as you cross the line, if you are able, it really does help the timekeepers.

A bit about the BILL LENNON TROPHY HILLY TIME TRIAL Awarded to the best vet on standard on this hilly course Bill Lennon had the distinction of being the oldest Glasgow Centre novice 25mile winner. Coming late to time trialing Bill won the novice trophy when he was 37 years old. Bill like all the rest of the club folk then was a mile eater and a hard one at that, the name half-wheeler rings a bell with me. If Bill met up with you and any conversation took place it was with Bill speaking to you over his left or right shoulder. A window cleaner by trade Bill cycled everywhere in Glasgow during his working day and if you happened to see a bike hanging from scaffolding around some buildings he knew that Bill was'nt far away cleaning windows. Bill left a legacy to the vets, hence the event and trophy to his memory and like John Cusker everyone has a story regards Bill and meeting him out on the road. He was a hard rider.

(Words courtesy of Jim Harris, long time organiser and supporter of the Tour of the Trossachs)

In Memory of JJ Harris 1935-2022 R.I.P. (Mr Trossachs), long time organiser











Hope you all have a great day,

Cheers Jason jrdc@doctors.org.uk

Tour of Trossachs previous winners- Ladies prize from 2006-2023

| 2006 | Pippa Handley | Edinburgh RC | 01:20:49 |
|------|-------------------|----------------------|----------|
| 2007 | Pippa Handley | Edinburgh RC | 01:18:17 |
| 2008 | Christine Maclean | Shetland Wheelers | 01:16:29 |
| 2009 | Mari Todd | Sandy Wallace Cycles | 01:16:04 |
| 2010 | Mhari Todd | Sandy Wallace Cycles | 01:15:29 |
| 2011 | Sian Tovey | Dooleys RT | 01:21:10 |
| 2012 | Jennifer Taylor | West Lothian Clarion | 01:24:09 |
| 2013 | Anda-Jay Burgess | Sandy Wallace Cycles | 01:20:48 |
| 2014 | Lindsay Curran | Dooleys | 01:18:22 |
| 2015 | Lindsay Curran | Dooleys | 01:19:03 |
| 2016 | Cancelled ? | | |
| 2017 | Lindsay Curran | Dooleys | 01:08:10 |
| 2018 | Lindsay Curran | Dooleys | 01:27:16 |
| 2021 | Lindsay Curran | Dooleys | 01.20.37 |
| 2022 | Sharon Bird | Edinburgh RC | 01.22.15 |
| | | | |

Tour of Trossachs previous winners- Men from 2006-2023

| 1943 | A Gilchrist | Royal Albert CC | 1.16.54 | |
|------|--------------|--------------------|---------|--------------|
| 1944 | A Hendry | Glasgow Wheelers | 1.16.20 | |
| 1945 | J Allison | Musselburgh R.C.C. | 1.14.33 | |
| 1946 | Abandoned | Heavy Snow | | |
| 1947 | J Fraser | West Scot. Clarion | 1.13.11 | |
| 1948 | A Walker | Law Wheelers | 1.12.53 | |
| 1949 | A Walker | Law Wheelers | 1.10.50 | |
| 1950 | l Steel | Glasgow United | 1.10.26 | |
| 1951 | F Davie | West Scot. Clarion | 1.10.03 | |
| 1952 | F Davie | West Scot. Clarion | 1.10.53 | |
| 1953 | J Christison | Comet Road Club | 1.6.45 | |
| 1954 | A Miller | Ivy Cycling club | 1.6.45 | |
| 1955 | J Kerr | Comet Road Club | 1.8.25 | |
| 1956 | J Swan | Perth United CC | 1.9.06 | |
| 1957 | H Shannon | Perth United CC | 1.9.11 | |
| 1958 | G Walker | Ivy Cycling club | 1.11.20 | |
| 1959 | E Scally | Velo Club Stella | 1.6.26 | |
| 1960 | I Thomson | Stirlingshire R.C. | 1.7.41 | |
| 1961 | S Sutherland | Musselburgh R.C.C. | 1.7.24 | |
| 1962 | I Thomson | Velo Club Stella | 1.5.59 | |
| 1963 | J McMillan | Tranent Thistle | 1.6.57 | |
| 1964 | I Thomson | Velo Club Stella | 1.4.46 | |
| 1965 | D Reay | Gosforth Road Club | 1.3.42 | short course |
| 1966 | W Bilsland | Glasgow Wheelers | 1.4.57 | |
| 1967 | W Bilsland | Glasgow Wheelers | 1.6.04 | |
| 1968 | A Brunton | Glen Road Club | 1.8.27 | |
| 1969 | A Gilchrist | Gala Cycling Club | 1.5.56 | |
| 1970 | A Gilchrist | Dunedin CC | 1.8.31 | |

| 1999 2000 | P Brown J MacIntyre | Deeside Thistle Team Velo Ecosse | 1.3.50 1.10.46 | New course |
|--------------|------------------------|-------------------------------------|-------------------|------------|
| 1998 | R Moore | Clark Contracts | 1.3.16 | |
| 1997 | A Wright | Sandy Wallace Cycles | 1.2.53 | |
| 1996 | S Duff | Johnstone Wheelers | 1.4.07 | |
| 1995 | N Dunroy | Midridge C.R.T. | 1.2.55 | |
| 1994 | A McKenna | Midridge C.R.T. | 1.3.28 | |
| 1993 | J Millar | Erskine Cycling Club | 1.4.44 | |
| 1992 | J Gladwell | Velo Racing Team | 1.3.49 | |
| 1991 | J Gladwell | Louden Road Club | 1.4.44 | |
| 1990 | G Obree | Wallacehill Cycling Club | 1.00.45 | Record |
| 1989 | M Williamson | G.S. Modena | 1.4.18 | |
| 1988 | A Ferry | Scotia Cycling Club | 1.4.00 | |
| 1987 | D Gibson | G.S. Modena | 1.5.20 | |
| 1986 | F Gentleman | Dunedin Cycling Club | 1.4.27 | |
| 1985 | D Gibson | G.S. Modena | 1.3.24 | |
| 1984 | R Chamberlain | Kirkby Cycling Club | 1.6.11 | |
| 1983 | D Gibson | Batley Cycling club | 1.4.22 | |
| 1982 | D Gibson | Batley Cycling club | 1.4.40 | |
| 1981 | D Hannah | Glasgow Regent CC | 1.7.04 | |
| 1980 | A Gilchrist | G.S. Strada | 1.6.24 | |
| 1979 | D Hannah | Glasgow Regent CC | 1.6.07 | |
| 1978 | R Miller | Glasgow Wheelers | 1.2.50 | |
| 1977 | A Gilchrist | Dunedin CC | 1.5.50 | |
| 1976 | A Gilchrist | Dunedin CC | 1.6.48 | |

| 2001 | M Atkinson | Team Velo Ecosse | 1.8.23 |
|------|------------------|------------------------|--|
| 2002 | P Brown | Deeside Thistle | 1.10.14 |
| 2003 | M Atkinson | Team Velo Ecosse | 1.10.00 |
| 2004 | A Coutts | Flanders-Aflin-Com | 1.09.32 |
| 2005 | J MacIntyre | Velo Ecosse | 1.08.40 |
| 2006 | J MacIntyre | Velo Ecosse | 1.06.05 |
| 2007 | J MacIntyre | Edge RT/Dooleys Cycles | 1.04.47 Record for new course |
| 2008 | A Doyle | Dooleys RT | 1.04.08 Course shortened to 27 miles (Roadworks) |
| 2009 | A Doyle | Dooleys RT | 1.07.29 |
| 2010 | A Robinson | Team Leslie Bike Shop | 1.07.28 |
| 2011 | A Doyle | Dooley's-Cycles.co.uk | 1.07.59 |
| 2012 | A Robinson | Team Leslie Bike Shop | 1.10.34 * Accident on course prevented last riders finishing |
| 2013 | Slias Goldworthy | Sandy Wallace Cycles | 1.07.29 |
| 2014 | Chris Smart | Paisley Velo Race Team | 1.08.10 |
| 2015 | Chris Smart | Paisley Velo Race Team | 1.07.23 |
| 2016 | ? | ? | |
| 2017 | Chris Smart | GTR | 00:58:55 Course shortened |
| 2018 | Wilson Renwick | RT23 | 01:07:47 |
| 2021 | Robert Friel | Vanelli Project GO | 01.08.22 |
| 2022 | Chris Smart | GTR | 01.06.35 |
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